



SOUL HEALING

NEW CLIENT INFORMATION & RELEASE FORM

Please fill out this form carefully. Your answers will better help me to meet your needs and also assist with your happy and satisfying experience.

First Name: Last Name:

Mailing Address:

City: State: Zip Code:

Email: Phone:

Name you prefer to be called if different from your first name:

Your Occupation:

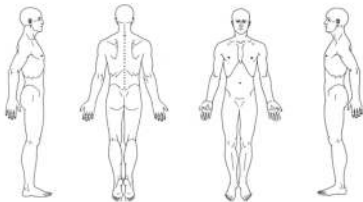
Is this your first professional Massage?

- Yes
 No

General Medical Information

Check the box if you have had any recent problems with the following:

- | | | |
|---|---|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Sinus/Allergies |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> Hematomas |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Poor circulation | <input type="checkbox"/> Phlebitis |
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Anemia | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> Arms / Hands | <input type="checkbox"/> Stroke | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Hips / Legs / Feet | <input type="checkbox"/> Chest pain | <input type="checkbox"/> Skin conditions |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Seizures / Convulsions | <input type="checkbox"/> Pregnant ___# months |
| <input type="checkbox"/> Swollen joints | <input type="checkbox"/> Heart Conditions | <input type="checkbox"/> Menstrual pain |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Constipation | <input type="checkbox"/> Warts |
| | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Athlete's feet |



Please circle any areas of pain, injury, tension and areas with restricted movement



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Have you recently suffered an acute injury?

Have you had any recent surgery?

Do you have any medical conditions I should be aware of?

Do you have any problem areas / injuries?

Do you wear contacts? Do you take any prescription medications?

Where do you carry your stress/tension?

What is your biggest stressor?

Name one thing that you'd like to change to release your stress?

Do you have any allergies?

Yes If so, what type?

No

Are you very sensitive to touch / pressure in any areas?

What type of pressure do you like?

What is your goal in the session today?

Your answers to these questions will be discussed with you prior to your session. Thank you.

Please Take a moment to carefully read the following information and sign where indicated

I understand that the massage I receive is provided for the basic purpose of relaxation, stress reduction, and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort.

I further understand that massage should not be considered as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor, or other qualified medical specialist for any medical or physical ailment that I am aware of.

I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnosis, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session(s) given should be considered as such.

Because massage is contraindicated under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile, and understand that there shall not be liability on the practitioner's part should I forget to do so.

Signed: _____ Date: _____

Signature of guardian: _____ Date: _____